







The Patient Charity

## **AORTIC DISSECTION AWARENESS DAY UK 2023**

Tuesday 19th September

"Aortic Dissection: From Treatment to Home"



# **Royal Papworth Hospital**

The Victor Phillip Dahdaleh Heart & Lung Research Institute (HLRI), Cambridge Biomedical Campus



www.aorticdissectionawareness.org www.thinkaorta.net





## **Badges**

All delegates and guests will receive a name badge at the Welcome desk. Please wear your badge at all times.

## **Catering facilities**

Catering will be served in the networking area. There is seating in rooms 100, 101 and 102. Tea/coffee breaks and a hot fork buffet lunch are included in your registration. The networking area and rooms 100, 101 and 102 will remain available all day for delegates requiring a quiet rest or private conversation.

### Venue

Royal Papworth Hospital
The Victor Phillip Dahdaleh Heart &
Lung Research Institute (HLRI)
Biomedical Campus
Papworth Road
Trumpington
CAMBRIDGE
CB2 0BD



### **Directions**

The nearest mainline station is: **Cambridge** (Station Road, Cambridge, CB1 2JW). A taxi to the venue takes 10 mins. Directions from the M11: Leave the M11 and head north on the A1309 Hauxton Road to **Trumpington Park & Ride**. Park for free and take **Guided Bus A** directly to the hospital (a 5-minute journey). It's quicker and cheaper than driving. There are blue badge spaces located close to the bus stops. <a href="www.cambridgeparkandride.info">www.cambridgeparkandride.info</a>
On-site parking (incl. blue-badge parking): The closest car park is **Car Park 2**, a short walk from the venue (CB2 0AX). Details and parking prices here: <a href="www.sabaparking.co.uk/car-park/addenbrookes-car-park-2-cambridge">www.sabaparking.co.uk/car-park/addenbrookes-car-park-2-cambridge</a>
There is blue badge parking available in **Car Park 2**. There is very limited blue-badge parking outside of the HLRI building which will be reserved for guests with severely restricted mobility who request it on a first-come, first-served basis.

#### Accommodation

We recommend delegates stay in the local area the night before the event, to make it easier to arrive at the venue for a 9am start. For best rates, use www.booking.com to book one of these nearby hotels (rates quoted are as of 08/05/23):

- Holiday Inn Express, Cambridge, CB1 3LH had rooms from £86 per night for 18<sup>th</sup> September.
- **ibis Cambridge Central Station**, Cambridge, CB1 2GA had rooms from £146 per night for 18<sup>th</sup> September.
- Clayton Hotel, Cambridge, CB1 2FB had rooms from £215 per night for 18<sup>th</sup> September.

Alternatively, there is a **Travelodge** and **Premier Inn** and plenty of other accommodation in Cambridge city centre. See the **Visit Cambridge** website for more information: <a href="https://www.visitcambridge.org/accommodation">www.visitcambridge.org/accommodation</a>

#### Disclaimer

The organisers cannot be held liable for any hindrance or disruption of conference proceedings arising from political, social or economic events or any other unforeseen incidents beyond their control. The organisers will accept no liability for any personal injuries sustained or for loss or damage to property belonging to conference participants, either during or as a result of the conference or during all events. Registration of a participant entails acceptance of these conditions.

## Helpful telephone numbers

Venue reception: 01223 762747

On-site organisers: 01223 639821 / 01223 638118

Taxi: Panther Taxis – 01223 715715

Police/Fire/Ambulance: 999

# THEME: AORTIC DISSECTION - FROM TREATMENT TO HOME

09:00 – 09:30	Registration and Coffee	
09:30 - 09:50	Welcome & Introductions	
	Mrs. Haleema Saadia, Aortic Dissection Awareness UK & Ireland	
	Dr. Bobby Agrawal, Royal Papworth Hospital	
	Aortic Dissection: Learning from Patient Experience	
	Chair: Mr. Gareth Owens	
09:50 – 10:10	Patient Story: Mrs. Lisa Skinner	
10:10 – 10:30	Patient Story: Dr. Christopher Stewart & Dr. Esther Teichmann	
10:30 – 11.00	Coffee Break	
	Aortic Dissection Diagnosis & Treatment Chairs: Dr. Bobby Agrawal & Mr. Ravi De Silva	
11:00 – 11:15	Diagnosis & Transfer, <i>Dr. Nicola Jones</i>	
11:15 – 11:30	Anaesthetic Considerations, Dr. Florian Falter	
11:30 – 11:45	Treatment for Type A & Non-A Non-B Dissection, Mr. Shakil Farid	
11:45 – 12:00	Endovascular Treatment for Type B & Non-A Non-B Dissection, Mr. Simon Kreckler	
12:00 – 12:30	Interactive Q&A	
12:30 – 13:30	Lunch Break	
13:30 – 13:45	In Memoriam: Remembering those who have died of Aortic Dissection	
	Led by Mr. Gareth Owens	
	Aortic Dissection: From ICU to Home Chair: Dr. Stephen Webb	
13:45 – 14:05	Intensive Care for Aortic Dissection patients, Dr. Antonio Rubino	
14:05 – 14:25	Critical Care Rehabilitation, Miss Erin Russell	
14:25 – 14:45	Post-Discharge Follow-Up, <i>Dr. Rosemary Rusk</i>	
14:45 – 15:15	Interactive Q&A	
15:15 – 15:45	Tea Break	
	The Future of Aortic Dissection Care Chair: Dr. Gordon McManus	
15:45 – 16:00	The NHS England Acute Aortic Dissection Toolkit, Prof. Rob Sayers, NHS England	
16:00 – 16:15	The role of the Society for Cardiothoracic Surgery, Mr. Narain Moorjani, President, The Society for Cardiothoracic Surgery in Great Britain & Ireland	
16:15 – 16:30	The role of the Vascular Society, Miss Rachel Bell, President, The Vascular Society of Great Britain & Ireland	
16:30 – 16:45	Interactive Q&A	
16:45 – 17:00	Closing Remarks & Announcement of AD Awareness Day UK 2024	
	Mr. Ravi De SIlva & Mr. Gareth Owens	
17:00 – 17:30	Networking & opportunity for patients/clinicians and group photos	
17:30	Depart	

## **Speakers** (in order of appearance)

Mrs. Haleema Saadia, Vice-Chair, Aortic Dissection Awareness UK & Ireland

**Dr. Bobby Agrawal,** Consultant Cardiac and Thoracic Radiologist, Royal Papworth Hospital & Clinical Lead for the East 1 Imaging Network

Mrs. Lisa Skinner, Bereaved Relative, Aortic Dissection Awareness UK & Ireland

Dr. Christopher Stewart, Type A Aortic Dissection Survivor, Royal Papworth Hospital

Dr. Esther Teichmann, Partner/Carer of Dr. Stewart, Royal Papworth Hospital

**Dr. Nicola Jones,** Consultant in Cardiothoracic Intensive Care & Clinical Lead for Intensive Care, Royal Papworth Hospital

Dr. Florian Falter, Consultant Cardiothoracic Anaesthetist, Royal Papworth Hospital

Mr. Shakil Farid, Consultant Cardiac and Aortic Surgeon, Royal Papworth Hospital

Mr. Simon Kreckler, Consultant Vascular and Endovascular Surgeon, Cambridge University Hospitals

Dr. Antonio Rubino, Consultant Anaesthetist and Intensivist, Royal Papworth Hospital

Miss Erin Russell, Critical Care Sister, Royal Papworth Hospital

Dr. Rosemary Rusk, Consultant Cardiologist, Cambridge University Hospitals

**Prof. Rob Sayers,** George Davies Chair of Vascular Surgery, University of Leicester & Chair, NHS England Vascular Clinical Reference Group

**Mr. Narain Moorjani,** Consultant Cardiothoracic Surgeon, Royal Papworth Hospital & President of the Society for Cardiothoracic Surgery in Great Britain & Ireland

Miss Rachel Bell, Consultant Vascular Surgeon, Freeman Hospital, Newcastle & President of the Vascular Society of Great Britain & Ireland

#### Chairs

Mr. Gareth Owens, MSc. (Oxon), MBCS, CITP, Chair, Aortic Dissection Awareness UK & Ireland

**Dr. Bobby Agrawal**, Consultant Cardiac and Thoracic Radiologist, Royal Papworth Hospital & Clinical Lead for the East 1 Imaging Network

Mr. Ravi De Silva, Consultant Cardiothoracic Surgeon, Royal Papworth Hospital

Dr. Stephen Webb, Consultant in Intensive Care & Deputy Medical Director, Royal Papworth Hospital

Dr. Gordon McManus, Head of Research, Aortic Dissection Awareness UK & Ireland

### **Visual Note-Taker**

During the day, our Visual Note-Taker, Jenny Leonard (<a href="https://jennyleonardart.com">https://jennyleonardart.com</a>), will be creating a live artwork as a permanent visual record of the event that we can all share.

## Photo/Video

Our professional photographer and videographer will record the day. Photos and videos will be featured on the AD Awareness UK & Ireland website, communications and social media. Any delegate not wishing to appear in photos or videos should sit in the designated 'no photo' zone and make themselves known to the photographer and videographer.